



# Now Available at Pompano Beach High School Student and Family Counseling

**Andrea Fulcher, LCSW**  
**Family Therapist/School Social Worker**  
**Student Services Department/Family Counseling**

The Family Counseling Program (FCP) functions under the belief that a mentally healthy student learns better. Research has found that when someone experiences emotional difficulty they may suffer repercussions that lead to problems in their general daily functioning. For students, this is often evident in the academic arena, whether academically, behaviorally, or in terms of poor attendance. Frequently, school-related problems may be symptomatic of those troubles. The family therapists address a variety of family and emotional problems in counseling, including:

Stress Management  
Study Skills  
Peer Pressure  
Anger Management  
Eating Disorders  
Communication Skills

School Phobia  
Bullying  
Bereavement/Loss  
Substance Abuse  
Aggression  
Crisis Intervention

Economic Issues  
Parenting Skills  
Separation/Divorce  
Physical Abuse  
Anxiety/Depression  
Hyperactivity/ ADD/ADHD

Self-destructiveness  
Self-esteem Issues  
Domestic Violence  
Learning Disorders  
Abandonment

The Family Counseling Program additionally serves students in order to prevent possible future behavioral issues by offering preventive counseling in the following areas:

- Difficulty Verbalizing Feelings
- Difficulty Concentrating/Maintaining Task Focus
- Difficulty Forming/Maintaining Relationships
- Defiance of Authority toward Faculty/Staff
- Infractions of School Rules
- Verbal Altercations with Peers
- Physical Aggression

The FCP has been serving the Broward County community for more than thirty years. The program has consistently and positively impacted student academic performance, responsible behavior in school, and regular attendance through the individual, family, and group counseling services offered. FCP is committed to the goal of helping students reach their maximum potential in the classroom while promoting optimal mental health and family functioning. The FCP is available to all students and their families residing in Broward County and enrolled in any school within the county. Services are FREE and confidential.



**To schedule an appointment or obtain information,  
see your School Counselor or  
stop by the School Counseling Office.**